

Saturday, 6 March 2010

7.00 am Beach Runs (2km – Male and Female - Open, U19, U17, U15)

7.00 am Life Saver Relay – Heats

All Water Areas Start Time: 8.00 am (Beach and Boats Start Time: 8.30 am see next page)

Areas 1 Open & U19 Male/Female		Area 2 Open & U19 Male/Female		Areas 3 U15 & U17 Male		Area 4 U15 & U17 Female	
Open Male Double Ski	H	Open Male Belt Race	H	U17 Male Ski Race	H	U17 Female Ski Race	H
Open Female Double Ski	H	Open Female Belt Race	F	U15 Male Board Relay	H	U15 Female Board Relay	H
Open Mixed Double Ski	H	U19 Belt Race	F	U17 Male Board Relay	H	U17 Female Board Relay	H
U19 Double Ski	H	U17 Belt Race	F	U15 Male Board Relay	F	U15 Female Board Relay	F
Open Male Double Ski	S			U17 Male Board Relay	F	U17 Female Board Relay	F
U19 Mixed Double Ski	F			U17 Ski Relay	F	U15 Ironwoman	H
Open Mixed Double Ski	F			U15 Ironman	H	U17 Ironwoman	H
U19 Double Ski	F			U17 Ironman	H	U15 Female Board Rescue	H
Open Male Ski Relay			H	U15 Ironman	Q	U17 Female Board Rescue	H
Open Female Ski Relay			F	U17 Male Board Rescue	H	U15 Female Board Rescue	S
U19 Ski Relay			F	U15 Male Board Rescue	H	U17 Female Board Rescue	S
Open Male Ski Relay			F	U17 Male Board Rescue	S	U15 Female Tube Race	H
Open Male Board Relay			H	U15 Male Board Rescue	S	U17 Female Tube Race	H
Open Female Board Relay			F	U17 Male Tube Race	H	U15 Female Tube Race	Q
U19 Male Board Relay			F	U15 Male Tube Race	H	U17 Female Tube Race	Q
U19 Female Board Relay			F	U17 Male Tube Race	Q	U15 Female Tube Race	S
Open Male Board Relay			F	U15 Male Tube Race	Q	U17 Female Tube Race	S
Open Ironman			H	U17 Male Tube Race	S	U15 Female Board Race	H
Open Ironwoman			H	U15 Male Tube Race	S	U17 Female Board Race	H
U19 Ironman			H	U17 Male Ski Race	S	U15 Female Board Race	Q
U19 Ironwoman			H	U15 Male Board Race	H	U17 Female Board Race	S
Open Male Board Rescue			H	U17 Male Board Race	H	U15 Female Board Race	S
Open Female Board Rescue			H	U15 Male Board Race	Q	U17 Female Surf Race	H
U19 Male Board Rescue			H	U17 Male Board Race	Q	U15 Female Surf Race	H
Open Male Board Rescue			S	U15 Male Board Race	S	U15 Female Surf Teams	H
U19 Female Board Rescue			H	U17 Male Board Race	S	U17 Female Surf Teams	F
Open Male Board Rescue			F	U17 Male Surf Race	H	U15 Female Surf Teams	F
Open Female Board Rescue			F	U15 Male Surf Race	H	U7 Male Taplin Relay	S
U19 Male Board Rescue			F	U17 Male Surf Race	S	U17 Female Taplin Relay	S
U19 Female Board Rescue			F	U15 Male Surf Teams	H	U15 Male Cameron Relay	S
Open Male Rescue Tube Rescue			F	U17 Male Surf Teams	F	U15 Female Cameron Relay	S
Open Female Rescue Tube Rescue			F	U15 Male Surf Teams	F		

Areas 1 Open & U19 Male/Female	Area 2 Open & U19 Male/Female	Areas 3 U15 & U17 Male	Area 4 U15 & U17 Female
U19 Male Rescue Tube Rescue	F		
U19 Female Rescue Tube Rescue	F		
Open Male Ski Race	H		
Open Female Ski Race	H		
U19 Male Ski Race	H		
U19 Female Ski Race	H		
Open Male Ski Race	Q		
Open Female Ski Race	S		
U19 Male Ski Race	S	Beach Start: 8.30 am The Beach Referee will provide the program on the day for Heats etc.	Boats Start: 8.30 am The Boat Referee will provide the program on the day for Heats etc.
Open Male Ski Race	S		
Open Male Surf Race	H		
Open Female Surf Race	H		
Restricted Surf Race	F		
Open Male Board Race	H		
Open Female Board Race	H		
U19 Male Board Race	H		
U19 Female Board Race	H		
Open Male Board Race	S		
Open Female Board Race	S		
U19 Male Board Race	S		
U19 Female Board Race	S		
Open Male Surf Teams	H		
Open Female Surf Teams	F		
U19 Male Surf Teams	F		
U19 Female Surf Teams	F		
Open Male Surf Teams	F		
U19 Male Taplin Relay	F		
U19 Female Taplin Relay	F		
Open Female Taplin Relay	H		
Open Male Taplin Relay	H		

Saturday, 6 March 2010

Sunday, 7 March 2010

R & R	Area 1	Area 2	BOAT	
R&R - 8.00am. The order of events will be determined on the day. <ul style="list-style-type: none"> • U15 5 Person • U17 5 Person • U19 5 Person • U23 5 Person • Open Female 5 Person • Open Male 5 Person • Open Mixed 5 Person • Open 6 Person 	Lifesaver Relay - 7.30 am (F)		Lifesaver Relay – 7.30 am (F)	
	March Past – 8.00 am			
		Open Male Belt Race (F)	U15 Ironman (S)	Reserve Grade
		Open Female Board Race (S)	U17 Ironman (S)	Open Female
		Open Male Board Race (S)	U15 Ironwoman (S)	Open Male (All 16 to 12)
		Open Ironwoman (S)	U17 Ironwoman (S)	
		Open Ironman (S)	U15 Male Board Rescue (F)	
		Open Male Single Ski (S)	U15 Female Board Rescue (F)	Reserve Grade
		Open Male Double Ski (F)	U17 Male Board Rescue (F)	U23 Male
		Open Female Double Ski (F)	U17 Female Board Rescue (F)	U23 Female
		U17 Female Single Ski (F)	U15 Male Surf Race (F)	U19
		U17 Male Single Ski (F)	U15 Female Surf Race (F)	Open Female
		U19 Female Single Ski (F)	U17 Male Surf Race (F)	Open Male
		U19 Male Single Ski (F)	U17 Female Surf Race (F)	(All 12 to 8)
Beach Start: 8.30 am	Open Female Single Ski (F)	U15 Male Tube Race (F)		
Open Male Sprint (F)	Open Male Single Ski (F)	U15 Female Tube Race (F)		
Open Female Sprint (F)	U19 Female Surf Race (F)	U17 Male Tube Race (F)		
U19 Male Sprint (F)	U19 Male Surf Race (F)	U17 Female Tube Race (F)		
U19 Female Sprint (F)	Open Female Surf Race (F)	U15 Male Board Race (F)		
U17 Male Sprint (F)	Open Male Surf Race (F)	U15 Female Board Race (F)		
U17 Female Sprint (F)	U19 Female Board Race (F)	U17 Male Board Race (F)	Reserve Grade Boat (F)	
U15 Male Sprint (F)	U19 Male Board Race (F)	U17 Female Board Race (F)	U23 Female Boat (F)	
U15 Female Sprint (F)	Open Female Board Race (F)	U15 Ironman (F)	U23 Male Boat (F)	
Open Female Flags (F)	Open Male Board Race (F)	U15 Ironwoman (F)	U19 Boat (F)	
Open Male Flags (F)	U19 Ironwoman (F)	U17 Ironman (F)	Open Female Boat (F)	
	U19 Ironman (F)	U17 Ironwoman (F)	Open Male Boat (F)	
	Open Ironwoman (F)	U15 Male Cameron Relay (F)		
	Open Ironman (F)	U15 Female Cameron Relay (F)		
	Open Female Taplin Relay (F)	U17 Male Taplin Relay (F)		
	Open Male Taplin Relay (F)	U17 Female Taplin Relay (F)		